

Brook Crabwall Manor Spa Price List
For further details please call 01244 851585

Day Packages

All of our Full Day Spa packages include use of leisure facilities and a light lunch.

Detox Therapy

Detoxifying Full Body Massage
 Elemis Skin Specific Facial (with a choice of Herbal Lavender Repair, Fruit Active Glow or Exotic Cream Moisture Dew)
 Body Sculpting Cellulite & Colon Therapy

Total treatment time 175 minutes £175 per person

Ultimate Revival Day

Elemis Skin Specific Facial (with a choice of Herbal Lavender Repair, Fruit Active Glow or Exotic Cream Moisture Dew)
 Elemis Deep Tissue Full Body Massage (with a choice of Stress Away, Spirit Reviver, Muscle Melt or Chakra Balancing)
 Pro-collagen Hand and Nail Treatment with Manicure
 Express Pedicure

Total treatment time 195 minutes £195 per person

Half-Day Packages

All of our Half-Day Spa packages include use of leisure facilities and a light lunch.

Afternoon Delight

Elemis Skin Specific Facial (with a choice of Herbal Lavender Repair, Fruit Active Glow or Exotic Cream Moisture Dew)
 Deep Tissue Back Massage (with a choice of Stress Away, Spirit Reviver, Muscle Melt or Chakra Balancing)
 Express Manicure

Total treatment time 115 minutes £115 per person

Absolute Spa Ritual

Advanced Anti-Ageing Facial or Skin Solution Facial
 Deep Tissue Muscle Massage

Total treatment time 120 minutes £110 per person

Total Time Out for Men

Skin IQ Facial
 Deep tissue Muscle Massage

Total treatment time 120 minutes £110 per person

Hands & Feet

Pro-Collagen Hand & Nail Treatment (Without manicure 25 minutes)	£28
Pro-Collagen Hand & Nail Treatment (With manicure 55 minutes)	£40
Sole Delight Foot Treatment	£28
Shape and Polish for Hands or Feet	£15
Standard Manicure	£23
Deluxe Manicure	£30
Standard Pedicure	£27
Deluxe Pedicure	£35

Facial Treatments

Skin Specific Facial (55 minutes) Herbal Lavender Repair Fruit Active Glow Exotic Cream Moisture Dew	£57
Advanced Anti-Ageing Facial (75 minutes) Pro-Collagen Quartz Lift Visible Brilliance Tri-Enzyme Resurfacing (55 minutes)	£70
Skin Solutions Facial (75 minutes) Oxygen Skin Calm S.O.S Purifying Facial Modern Skin Facial (60 minutes)	£65

Time for Men

Urban Cleanse Facial (55 minutes)	£60
Skin IQ + (75 minutes)	£65

Body Therapy

Aroma Spa Ocean Wrap: Cellutox (70 minutes)	£60
Aroma Spa Ocean Wrap: Musclease (70 minutes)	£60
Face & Body Sensation – Re-Energiser (55 minutes) Pro-Collagen Quartz Lift Visible Brilliance Tri-Enzyme Resurfacing Skin IQ +	£65
Face & Body Sensation – Tranquillity (55 minutes) Pro-Collagen Quartz Lift Visible Brilliance Tri-Enzyme Resurfacing Skin IQ +	£65
Deep Tissue Muscle Massage (55 minutes) Stress Away Muscle Melt Spirit Reviver Chakra Balancing	£60
Deep Tissue Back Massage (25 minutes) Stress Away Muscle Melt Spirit Reviver Chakra Balancing	£40
Body Sculpting Cellulite & Colon Therapy* (55 minutes)	£60
Exotic Lime & Ginger Salt Glow* (25 minutes)	£35
Add HOT STONES to any massage	£10

Tanning

St Tropez Full Body Tan	£45
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Waxing

Full Leg Wax	£24
½ Leg Wax	£15
Arm Wax	£14
Bikini Wax	£10
Brazilian Wax	£20
Underarm Wax	£10
Lip or Chin Wax	£8
Lip and Chin Wax	£12
Back or Chest Wax	£15
Holiday Special (full leg, bikini + underarm)	£40

Eye Treatments

Eyebrow Tint	£9
Eyelash Tint	£14
Eyebrow Shape/Wax	£9

Alternative Therapies

Indian Head Massage	£40
Hopi Ear Candles	£35

Specialised Treatments

Sonopeel	£35
Dermalift Microcurrent Dermalift Facial	£50
Deluxe Dermalift	£60
G5 Vibro Massage	£25

* Available Autumn 2010